1541
MOULTON MYRROUR OF HELTH

4468/A

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(bef. 1546)

This is the

Myrrour or Glasse of Helth
necessary & nedeful for euery per-
son to loke in, that wyll kepe their
body from the syckenesse of the pe
stilence, & it sheweth how the pla-
nettes do raygne in euery houre
of the daye and nyghte, with
the natures and exposicions
of the .xii. sygnes, deuided
by the .xii. Monethes of
the yere, and sheweth
the remedies
for ma-
nye
diuers infyrmyties and
diseases that hur-
teth the body of
Manne.

These ben the thre perylous Mondayes in the yeare to let bloud, to take any medecyne or purgacio. The first Monday of Auguste. The second is the laste Mondaye of Aprill. And the thyrde is the laste Monday of December.

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The Prologue of the Auctour.

I Do you wel to wyt that this boke profiteth gretly to euery Surgion for to knowe in what Signe or in what degre of the sygne the Sonne & the Mone litteth euery day in any of the.xii.signes. And not onely it is profitable to Surgions but also to Phesicions and to al that vse to giue medicines or laxatyues, or to vse anye Bassions, or cutting or letting of bloud. For as the sonne passeth through all the.xii.sygnes by the space of a yere, abyding in a sygne.xxx.dayes tyghte so dothe the Mone passe throughe all.xii. sygnes, that in.xxx. dayes abydynge in a signe.ii. houres. And as the mone amonge all Planetes

res is nexte the earth in course, so
the hath moste effecte of wozking
in these earthely thinges after the
dispoycion of the nature of ỳ sig-
nes that she hathe her course in.
And therefoze it is full necessary
truly to know ỳ state, the course,
and the nature of the Mone. Foz
thereby a man may know when it
is good to beginne manye dyuers
thinges, and when it is not good.
And also what weather is moste
likely to fall, after the nature of ỳ
signes, whether dzye, oz moyste,
hote oz colde, there shall folowe
after the nature of the sygne that
she is in. In diuers coniunctions
of Planettes that is ioyned ther-
with. And therfoze naturallye in
ozder I purpose me to declare
shoztely in the .vi. Chapiter
the nature and the state
of euery sygne that
she passeth by

Here

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of iointes

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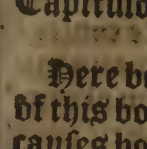
Here begynneth the firſt parte of this boke that ſheweth diuers cauſes how the peſtylence may be gendered. Capitulo. i.



Onſyderynge that thys treatyſe, is very nedful, and neceſſary agaynſte the ſyckeneſſe of the Peſtylence. And foꝛ a comon welthe hethe, of the kynges lyege people: I Thomas Houlton Doctour of Dyuynitie, of the oꝛdꝛe of the Frere pꝛeachers, the which foꝛ to gather moueth me foꝛ diuers cauſes The one is pꝛayers of mine own bꝛethꝛen.

Another is cauſe of pꝛayers of many woꝛthy gentiles.

And another is compaſſion that I haue of the pooꝛe people, ꝑ was

and

and is distroyed euery day therby for defaute of helpe.

And the fourth cause that moued me moste of al is pure conscyence, for euery chrysten man & woman is bounde by the law of conscyence, and they knowe their euen chrysten in greate peryll or that is lykely to fall to great myschief to helpe them if he may by his witte with hys trauayle, and with hys goodes. And these foure causes moued me to compounde and to gather this treatise, and to set it in prynte so in Englyshe, þ euerye man both lerned, and lewde riche and poore may þ better vnderstād it, & do therafter. And so euery mā woman, & child, to be theyr owne phesicion i tymeof nede, against þ vengeaūce and corrupcion of the pestilence that now is reignynge with other dyseases manye moo, and this treatyse for the pestilence

stilence is deuided and parted, in thre partes and consequently ensueth the, vii. dayes with the planettes with the natures & expositions of the. xii. sygnes deuyded by the. xii. monethes of the yeare, with remedies for many dyuers other diseases that hurteth & greueth the body of man.

And the fyrst part of this boke telleth diuerse causes how the pestylence may be gendred.

The seconde parte telleth howe man, woman, and childe, shal preserue and kepe them selfes frome the pestilence, If so that manne woman, or chylde, be curable that falleth therin.

The thyrde parte telleth the remedy, helpe and medecine against the pestilence.

The fyrste parte I saye of this treatyse as I tolde, be shewed dyuerse causes, whiche maye be the

ground

grounde of this Pestilence, that nowe raygneth. I fynd by the treatynge of.iiii. Doctours, the.iiii. Pillers ỹ vpholdeth holy church. That is to say, saint Austin, sainte Jerome, saint Gregory, and saint Ambrose, where theyspeke of this matter, they say that Synne that raygneth among the people. And namely that Sinne that reigneth among head men. And the gouerners of the church, and of the law, is cause of the Pestylence, vengeaunce taken for Sinne. Hereof I fynd insample, and fygure in holy writ. In the.ii. boke of kinges, in the.xxiiii. chapitour. There sheweth holy write openlye, that for ỹ synne of kynge Dauid, God sente vnto him his prophete, and gaue hym choise of.iii. thinges, whether that he had leuer that God should sende vpon him, for his sinne, and of his people, hunger, vii. yere, or

elles

elles he had leuer ꝑ he should send vpon him pursuyt of enemies, and to be ouercome of them .iii. monethes, or yet that he had leuer ꝑ he should sende vpon hym Pestilence iii. dayes and thre nyghtes. And than kinge Dauid truelye choyse Pestilence, so that from that time that he had chosē thus Pestilence or it was none of ꝑ day, there was dead .lxx.iii. thousand, of his people And than kinge Dauid s. we that vengeaūce was taken for his syn, by Pestilence, mournyngly wyth great sorowe & greate compassion of herte: he cryed God almyghtye mercye. And whan he had done, anone the pestylence ceaced.

Also for synne that reygned in the people nyvous pestilence hath bene takē as was showed of Hierusalē, telleth Vincent in speculo historiali, & Eusebius telleth the same. Therfore euery mā in what

degre, or what stat he be, put awai
sinne through hertely sorow, and
very contricion asking of god me-
kely mercy & forgiuenes entyerly
with wyll of mouthe, & satisfacció
doing penaunce for his sinnes, thē
he putteth away ꝑ cause of pesty-
lence ꝑ in case is vengeaunce take
for synne. And sothely sauyng we
ought not to deme lyghtly of god-
des prouites, this may be wel one
cause of this hydeous ꝑ stylence
that now is regning.

Also they saye generally in this
realme, & soth it is ꝑ many tokens
ar shewed ꝑ men likely deme ꝑ sin
is cause i part of this pestilēce, as
ꝑ corrupte aire & the venyme ther-
of the whiche was caused by a cō-
iuccio of Saturne & Iouis ꝑ whi
the planetres their worzkinge w
in few yeares, and ꝑ malice of the
comunection & of other sinne, thys
left the ayze & beneth, the which
malice

malyce & venim hath his respecte & his influence, more in ỹ complexion of mā than of beast, in asmuch as the worcking of ỹ coniunctiō, & of other sin was more principally in the sinne of mankinde than in ỹ sin of another maner of beast. But the worcking of other coniuncey-ons dyuers are before hand, had their worcking in the signes of other beastes & theyr influence in ỹ Complections of them.

And therfore the malyce of the coniūccions was cause why that the moren fel of such beastes more than of other that time. But this coniunccion aforesaide, the which was wrought, more principally & ỹ sin of mankind more thā of any other, whose venime & malice yet reigning, is the cause of the corrupcion of the ayre, ỹ whiche ayre corrupte is cause of the pestilence that nowe is raigning, but neuer

theles if so be that it be impossible by all philosophers that the Element of ꝑ ayre should in his owne kinde, and in hys own substaunce be corrupte or elles infecte, sithen it is symple and cleane in his substaunce wrought without any benome or corrupcion. Neuertheles yet by the waye of vaporous fumolities and humours the which that are corrupt and drawē from ꝑ earth beneth by vertue Attractyfe, of the bodies that ben aboue, and mengyd with the ayre so by Accydentall cause is the ayre corrupt and in parte cause of this pestylence. But than thou mayste meue againste me, and say that yf so were that the venemous ayre, & the corrupccion therof, should be cause of pestylence, or elles man, woman and chylde, Woulde be infect thereby, ꝑ it semeth euery mā, womā, & chylde, should be infecte

and

and corrupt by ỹ pestilence. In ỹ countrey there the ayre corrupt is reygnynge, sythen the ayre in such a place is common to al maner of men. To this answereth Auicē in his cānon in the part there he treteth De dura februm: ỹ if all the pestilence ayre be reygnynge in a countre, & if it be cōmon to all the inhabitauntes of that contrey, yet ther shal none be infecte therwith but they that be replet and full of corrupte humours, the which corrupt humours haue theyr respect and accordyng to receiue the corruption and the venym of the aire els in what countre, or cytie that suche ayre were corrupte or venomed. In al maner of men that receueth ỹ ayre in the same coūtre, or in the same Cytie should be venemed and dead thereby, ye se wel and knowe well, that the Elemente of the fyer, hathe no prędo-

minacyon nor will not bren. But mater that is Conbustible, and accordinge to receyue fyre. On the same wise the Element of the ayre that is pestilece corrupt inferteth neyther man, woman nor chylde, but suche as haue such venemyde and corrupt humours within the selfe disposed to the same, the pestilence therof in such time that such pestilence ayre reygneth in.

After dyuersyte of venemous humours, and corrupcyon in men reygning. And throughe the workynge of that venemous Pestylence ayre or diuers syckenes and perelous gendred in man, womā and chyld. And this alteracyon in kynde is wrought, by the malyce and influence of the Coniuncci-on afore layde, the whiche malyce of coniunccion, is lykely to bee cause of many other wōderful alteracions betwyxt kinge and kynge lorde

lorde and lorde, man and man, wo
man and woman, father and son,
brother and brother, and many o-
ther. Also it is lykely to be cause of
deposynge of lordes oute of lorde-
shyppes and inhaunsynge and in
bygbig of knaues. And emperors
of mighty men spoylynge and de-
stroying of kyngdomes and lorde
ships. Also it is lykely to be cause
of greatte fyers greatte mystes,
& great waters by land. And cause
of many greate perylg by the see.

Also it is lykely to bee cause of
many wonderfull tokenynges of
great wyndes & many other won-
derful thinges. Also distroying of
manye sectes, & principallye of þ
Saralins secte, & of many other
wonderful sickenesses. Also þ sisme
of holy church is likelye to cesse &
diuers states to ende, & ther with
many thinges is lykely to fal by þ
iugemēt of astronomi, þ whiche I

wyll not wryt for diuers causes. But know it well all maner of mē ꝑ these thinges, I reherse not as thinges tolde by prophesy, but as conclusions folowinge & shewed by astronomy, and also by astrolagy, for as declareth Ipocras i his boke that he made (De Epidimia) there shal neuer physycion be true in worckyng: ne sure practefor of physike, but he worcke & practise by rules of Astrology & of Astronomye for Ipocras sayeth ꝑ it is impossible ꝑ a mā shal cure a sycknes but yf he know ꝑ cause of his sycknes, ther is some sycknes ꝑis caused by mouing & worckig of the bodies aboue, the whiche a man maye not knowe without Astronomye and Astrology, tha it semeth welꝑ it is impolible to a mā to cure sicknes generally, but he cā of Astronomy & of Astrology. For as I find in tibro Interpretacionum al the iiii.

Elementes, & al other thinges, be neth ꝑ ben cõpoũd of them are gẽ-ꝛed by ꝑ courle of the planettes aboue. And al the luely bodies be neth haue in part, ther being their heale, & theyr lyckne by the mo-uing of the bodyes aboue.

Thus endeth the fyꝛst parte of this peſtilence treatiſe.

Here foloweth the ſecond parte ꝑ ſhoweth how man ſhoulde ꝓ-ſerue and kepe him from the pe-ſtilence. Capitulo. ii.

THe ſeconde part of thys treatyſe, is howe thou ſhalt gouerne and ꝓ-ſerue thy ſelfe from the malice of the peſtilence ayꝛe, and from the venym and coꝛꝛupcion, ꝑ is gendꝛed therby: The whche partye is ꝓyncipal cauſe of this peſtilence that now is reygning. The fyꝛſt and the ꝓyncipal ꝓ-ſeꝛuacyon there againſte is thys.

To

To gouerne ꝑ well & wisely & for to flye al ꝑ may gendre any feuer or ague. Fyrst thou nedeth to kepe ꝑ seuerally fro al maner of excesse & outrage of meat & drynke, & namelye from all maner of feuorous meates as Gose, Douebirdes, Malardes, Uenylon, Lampraye, Scate & Elis. And also other feuorous meates, eate no great meat no bnniõs, nor lykes, nor garlicke nor no frute. For al these gathereth & engẽdreth vnkindly heates & so bringeth a man to an ague, & he be in any wise of nygh disposycion therto. And vse no bathes nor stues swete not to much, for all openeth the pores of a mannes body & maketh ꝑ venemous ayre to enter: & for to infecte ꝑ blouddes & spyrytual membres of man, and for to destroye al liuelye spirites in man. Also kepe the from haunting of Lechery, for that bothe o-

pe-

peneth the pozes and dystroyethe the kynde naturall. And also infe- ×
bleth the spiritual membzes, & the
nuely spirites of man.

Also in the tyme of Pestilence × in no wise suffer to great thzuste, & if thou thzust, loke thou dzinke but mesurably, and not but foz to slaken thy thzust & namelye suche dzynkes as will abate thy hete as is Tylan water mengeled with bineger, oz water of Bozage, wa- ter of Letuse, water of Roses, wa ter of Scappous water of Tur- mentil, water of Dite, mingled in euen pzopozcion oz elles by them selfe. Foz thele dzynkes if the pe- stilence reigne in the hete of ỹ So mer ben pzofitable, & souerainlye to them ỹ ben Colyzike of cõplec- cion. Foz they be hoter & dzyer thẽ other. Also to slepe on after nones & whã thou shalt go to bedde, shyt thy dozes and thy windowes close

And

And in an erthen pan ful of Charcole fyer caste this powder made of thele thinges / of Lozell leuys, dzied, Rolemary dzyed and frankenlens of ech of them alike much and caste halfe a lponefull of thys powzed in the fyer.

Also vle fyer in thy chamber all the times of the day & of the night of these thiges as fier of Jenoper & if thou maye not get this Jenoper make the fyer of clene dzy Alchewod, and vle to caste in the fier alwaye, frankelens, Stozax, Calamit, Lapdanum, and the fumolyties of these and the smoke, yf ỹ ayze be cozrupt of ỹ vertu Attractiue of the lyuely spirites, and the spirituall membzes outwarde by the baynes of the hert, and so inuenomus it & these hasteth a man to his death. But if ỹ nature of ỹ pestilence be gēdzed betwixt ỹ thigh and the bodye: it is a tokenynge ỹ

it

it commeth from infectyon of ỳ li-
uer and cha if the matter appere in
the lyther beỳde the pzeuy mẽbers
blede on the fote in the lame side,
on the bayne that is betwyxte thy
great too, and the next too, foz if ỳ
botche be dzawynge thither. And
thou blede on the arme the matter
than wyll dzaw vp againe to the
lyuer, and so to the herte and that
is perylous. And if the botche be
moze outward to ỳ lyde and fer-
ther from the pzeue mẽbzes, blede
then on ỳ bayne betwene the ankle
and the fote, and the hele, oz elles
on ỳ baine that is vnder ỳ ankle
that is called the Sophene: oz
elis loke that thou be lone ventu-
sed with a ventolynge beſt beneth
ỳ botch, but that is very painful.
Neuertheles in case that the vain
may not be taken, oz elles that the
vaine may not blede, it muste ne-
des be suffred, in suche peryl maye
thou

thou be. If the mater appere in ꝑ clenſynge place of ꝑ heed, conſider wel on what ſyde it appereth, and blede on the baine, or on the arme, the whiche bayne lyeth nexte the Cardyacle, the which Cardyacle lyeth in the myddes of the Arme right in the bouthe of the arme, or elles blede on the bayne that is on the hande, that is betwyxte the thombe and the nexte fynger, or elles bee bentoſede betwyxte ꝑ woulders. But take good hede, that whan ſome euer thou haſte blede of any of theſe baynes, take good hede that thou ſlepe not after thy bloude letting of. xiii. houres. If thou be riche and may wel ſpend, than it were good to haue this Pome Ambre euermore in thy hande, holde it to thy noſe that thou may receyue the ſauer and ſmel thereof, for confortinge of thy braine (and of all other Spyrytuall

eyther all membres the whiche thou shalte make thus) ℔ Take Laydanum puryd an ounce stozax, Calamyte dyssolued, Roses, Cloues, Maces of ethone thre halfe peny weighte, and make the in pouder ỳ oughte to be made in pouder, ℥ ij. sponful of oyle debay, an once of berginne waer ℥ dissolue the. And when they be dissolued: put all to gyther and mengle them wel vnto they be cold, ℥ make therof a ball the quantite of a wall nute: and ỳ is called the ℙome ambze, ỳ sẽt oz the smel therof, will comfozte the lyuely Spirites in manne, and if yrule ỳ thus as ℑ haue taughte the, thou may by the grace of god and by this gouernaũce pzeserue thy selfe from the pestilence.

7 How to make a pomander ayenst ye plague or pestilence

℔ Thus endeth the seconde part of the pestilence treatyse.

And

And here foloweth the thyrde part that sheweth, & a man be taken w ỹ pestilence what emedy & medecyne is best ytherfore. cap. iii

HEre the thirde parte of this Treatyse telleth what is against this sickenes of ỹ pestilence ỹ reigneth among ỹ people, & what medecine is best therfore. Auicen in his Canō ony part, ther he treateth De dura februm, there is no sikнes ỹ falleth in kind but there is medecine in kind for it. Therefore if so best be takē in dew time thā if thou shalt fall into this sicknes, loke that thou be letten blod as I haue told. And if there be any feuer, or anye ague annexed therto & the corrupte blode be drawē away, on this bleding as I haue told. (And ỹ principall membres ben tused) ỹ hert ought the to be cōforted w good [illegible] or w cold

colde water stylled, the which Le-
tewarys be these ꝑ wil withdraw
vnkindely heris as colerue of by-
olets, colerue of Bozage, colerue
of Buglos dzawen with luger de-
coct with water of Turmẽtil, wa
ter of Endiue, water of roses, wa-
ter of Bozage myngled by euen
pozcions. And then take these
euery day, & euery houre of ꝑ day,
w water of turmentil, water of sca
bious, water of Upolettes, oz els
water of Endyue.

Also it wer nedfull to haue this
water distilled of these herbes of
Betyne, of Scabious, of Turmẽ-
til, of Upolettes, of Endiue, & Le-
tise, & loz to dzinke these mingled w
whyte wine of gascon, oz elles of
Rochel wine, & namely ꝑ whiles
the vnkindlye heate reygneth.

Also it were nedeful to haue wa
ter of Roses, and of Byttayne, to
washe thy temples with all, and

thy pulse withal of thy Arme and thy handes. ¶ And also it were nedful to take of the last, that is to saye of Rose, & of betane: & put ther of i a sauser of pewter, or i a siluer pere, & chaufe it a lyteli, & laye a linen cloth four fold & wete it therin. And ꝑ while thou art in the great hete of ꝑ ague lay ꝑ line cloth wete in ꝑ water vpon thi temples, & vpō thy forhead, and another vpō thy liuer. Take also two other clothes lapped & wete on the same wise, & lai euery Arme hole one. And this practising shal do ꝑ great ease whether thou be Curable & shalt lyue, or vncurable and shalt dye.

But the most nedeful thing of al if so be ꝑ this apere in any wyse aforsayd, is for to draw the botch by craft away from ꝑ clenling place, a great space frō ꝑ hert. And that shal I tel the how, & in al my practising in Physike this .xviii. yere, I

wiste

wiste it neuer fall but twise & that was not long of ỳ medecine. And one other time but of other defautes, ỳ which I wil not wrīt at this time, though it wil erpel & voide it. And loke in ỳ tyme of Pestilence, ỳ they Codwares be alway freshely washen & after the washing, loke ỳ they be dipped tyme water of Roses, & on the same wise ỳ Kercheſe ỳ thou lappest thy heade in on nyghtes and let it dry by the fyer: & not by the pestilence aye. And whan thou liest the downe to slepe, laye vnder thy heade & vnder the ende of thy pyllow that is towarde thy vylage Rolemarye, Hope, Souereyne Mintes, Perial riall, Lozel leues, put in thy mouthe Wales, and Cloues, oz elles Nutmygges, loke euery day ỳ thou take of tyme triacle proued ỳ quantite of a bene and a halfe. Also bere in thy purse thele maner of spices. Maces, Clo

woes, Muybybes, Canell: or elles Cynamon, and chew thereof, and eate therof at the times of the day.

And if thou be a poze manne and maye not intende to the coltes of thele thynges. Take then euerye daye faftinge .ij. loppes in lyne byneger of white wine, or elles of reed wyne, and drinke to the a lauer full of vineger, or thou palle out of thy houle or place.

Also one of the beſt gouernance of all is in blode lettinge: for thou ſhalt vnderſtand that a man is in Spyrytuall membres principal, that is for to ſay ꝑ herte, the liuer, & the braine, & euery one of theſe hath his place giuen him by kinde by ꝑ which he may auoyde all ſuch ſuperfluytes, and cleare him ſelfe.

¶ The herte hathe his clenſynge place in the arme houle.

¶ The clenſynge place of ꝑ lyuer is betwyxt the thyghe & the body. yt is in ye groine.

The

The clensyng place of the Brayne
is vnder the eares at the eares ro-
tes, and in the throte.

Then this sycknes of the pesty-
lence cometh thus: whā the pozes
of a man are open, thē fyrst entreth
the venemous & the corrupt ayre,
and as lone as it hathe mayster &
mengled with mannes blode, than
rouneth it to the hert that is rote
and grounde of mannes life: for to
destroye mankinde, & for to infect
and destroye al liuely spirites in a
man, and so fynally for to kyll & sle
him, but the herte & the clene blode
fyeth al that is nopous & contra-
ryous vnto kynde. And in asmuch
as i him is expelled all such maner
of corruption & venomus fro him
to his clensynge place to the arme
hole: But tha for that place is som-
time stopped that it may not out,
& it passeth than to the principall
member next that is the lyuer for

to dystroye it. And then it dothe as the herte dothe in his kind, & expelleth it from hi to his clensing place betwyxte the thighe & the body, for it is also spared in case & stopped it may not out but passeth ỹ metes & the vaynes vnto ỹ thyrd principall mẽbre ỹ is ỹ brane but thẽ he wold expel it to his cleling place that is vnder the eares & it may not in case out therfore the stopping & the spongynge of the meates & poores & for thickenes of the fowle and corrupt blode, & the venimous mater is moungne that is myngled therwith, and thus longe tyme the mater is moungne or it resteth in any place somtyme. xii. houres, and somtime xriiii. houres, and somtyme more, and somtyme lesse after the degre and the gentylnes, and the greatnes of ỹ sickenes corrupcions, and venomus ỹ be gẽdred. But thẽ at ỹ last sõtime within. xriiii. houres it

passeth

passeth not out of the clesing place
nor at no other place throughe ble-
dinge the it festures in some place &
cast a man into an ague & maketh a
botche in some of the.iii. clensinge
places or els nere to them on some
payne, ye shall well wyt þ a botch
groudeth him euer more & setteth
him on a paine, & letteth þ bloude
than þ it may not haue his kindely
course by þ paine as he shuld haue
but it is infecte therby. And so al þ
principal & spiritual membres are
infecte and thus sleeth manne.

Thus endeth the thyrde part of
this pestilence treatise. And here-
after soloweth the. vii. dayes with
the planetes. Capitulo. iii.

IN these seuen Pla-
nets þ oughtest to
know that þ Son-
daye hathe his do-
inge vnder þ Sone
The Monday vn-
der the Moone.

The

The Tuesdaye vnder Mars. The
Wednesday vnder Mercury.
The thursday vnder Jupiter.
The fryday vnder Venus.
The saterday vnder Saturne.
¶Note wel that al the true acte &
operacio ought to be made vnder
yis planet, & is best & it be made
on his proper daye of the planet,
and the houre proper exempte.
Under Saturne is ỹ life edifice,
doctrine, & mutacion compryse.
Under Jupiter obtaine honour
richelles & gaie costely garmentes
Under Mars, battayle, pryson,
mariage and inimyte.
Under the Sunne esperaunce,
gayne fortune and heritage.
Under Venus, loue, forvete, lyfe,
louyn ge and vyl grimage.
Under Mercury sickness, myserye
death and fertilities.
Under the Mone slouthe, euyl
thoughtes and theite.

Here

Here foloweth howe the Pla-
nettes reigne in euery houre of the
day, and of the nyght. And the
fyrste is the houres of the
Sonday Cap. v.

The fyrste houre of the Sonday reigneth Sol, ỹ seconde venus, ỹ thyrd mercury, ỹ fourth luna, the fifth saturne, ỹ sixte Iupiter, ỹ seuenth Mars, the. viii. Sol the. ix venus, the tenth Mercury, the. xi Luna, the twelueth Saturne:

The houres of the londay nyghte.

The fyrste houre Iupiter, the second Mars, the thyrde Sol, the fourthe venus, ỹ fifth Mercury, ỹ vi. Luna, the seuenth Saturne, ỹ eyght Iupiter, the ninth mars, the tenthe Sol, the leuenthe venus, the twelueth Mercury.

The houres of the Monday.

The fyrste houre Luna, the seconde, Saturne, ỹ thyrd, Iupiter

the fourthe, Mars the fyft, Sol, ꝑ
fixte, Uenus the seuēth, Mercury
the eight Luna, the ninth Saurn,
the teuth Jupiter, ꝑ leuenth mars,
the twelueth Sol.

The houres of the monday night.

The fyrste Uenus, the seconde
Mercury, ꝑ third Luna, ꝑ fourthe
Saturne, the fifth Jupiter, the sixt
Mars, the seuenth Sol, the eight
Uenus, the ninthe Mercurye, the
tenth Luna, the leuenth Saturne,
the twelueth Jupiter.

The houres of the tewysdaye.

The fyrst Mars, the.ii. Sol, the
iii. Uenus. ꝑ. iiii. Mercurye, the. v.
Luna, the. vi. Saturne, the seuenth
Jupiter, the. viii. Mars, the ninth
Sol, the. x. Uenus, the. xi. Mercu-
ry, the twelueth Luna.

The houre of the tewisday nighte
The fyrst Saturne, the. ii. Jupiter
the, iii. Mars, the. iiii. Soll, the. v.
Uenus, the sixte Mercury, the se-
uenth

uenth Luna, the eyght, Saturne, the.ix Jupiter, the.x. Mars, the, xi Sol, the twelueth Uenus.

The houres of the wednysdaye.

The fyrste Mercury, the lecond Luna, ỳ thyrde Saturne, ỳ fourth Jupiter, the fyfte Mars, the sirte Sol, the seuenthe Uenus, ỳ eight Mercury, the nynth Luna, ỳ tinth Saturne, the leuenth Jupiter, the twelueth Mars.

The houres of ỳ wednisday night

The fyrst Sol, ỳ lecond Uenus, the thyrde Mercurye, the fourthe Luna, the fyfte Saturne, the sirte Jupiter, the seuēth Mars, ỳ eight Sol, the ninthe Uenus, the tinthe Mercury, the leuenth Luna, the twelueth Saturne.

The houres of the thursday.

The fyrste Jupiter, the leconde Mars, the third Sol, the fourthe Uenus, the fyfthe Mercurye, the sirte, Luna, the seuenth Saturne

the

the eight Jupiter, the ninth mars, the tenth Sol, the leuenth Uenus the twelueth mercury.

The houres of the thurlday nyght

The fyrste Luna, the seconde Saturne, the thyrde Jupiter, the fourthe mars, the fyfte Soll, the syxte Uenus, the seuenthe Mercury, the eyght Luna, the nynthe Saturne, the tenthe Jupiter, the leuenth mars, the twelueth Soll.

The houres of the Fryday.

The fyrste Uenus, the seconde mercury, ỳ thyrd Luna, the fourth Saturne, the fyfthe Jupiter, the syxte mars, the seuenthe Soll, the eyght Uenus, the ninth mercury, the tenthe Luna, the leuenth Saturne, the twelueth Jupiter.

The houres of the Fryday nyght.

The fyrste mars, the seconde Soll, the thyrd Uenus, the fourth Mercury, the fyfthe Luna, the sixt Saturne, the seuenth Jupiter, the

eyght

eyght Mars, the nynthe Sol, the tenthe Uenus, the leuenth Mercury twelueth Luna.

¶ The houres of Saterday.

The fyrst Saturne, the seconde Jupiter, ꝑ thirde mars, the fourth Sol, the fyfth Uenus, the sixt mercury, the seuenth Luna, the eyght, Saturne, ꝑ ninth Jupiter, ꝑ tenth mars the .xi. Sol, the .xii. Uenus.

The houres of the saterday night

The fyrst mercury, the seconde Luna, the .iii. Saturne, the fourth Jupiter, ꝑ fyft mars, the syxt Sol the .vii. Uenus, the eight mercury, the ninth Luna, ꝑ tynth Saturne, the .xi. Jupiter, the twelueth mars

Nota that Jupiter and Uenus ben good, Saturne ⁊ mars euyll, Sol ⁊ Luna indifferet, mercurye is good with them ꝑ bee good, and euell with them that ben euyll.

Also note wel that the houres of the planettes ben dyfferent to the

of

of the clockes for the houres of the clokes be egall alwayes of.lx. minutes, but they of ỳ planets whan the day & the night ben egall, that ỳ sone is in one of the Equinoctes they be egal, but as sone as ỳ days longeth or shorteth so doth the natural houres, by this it is cõueniet alway for ỳ day to haue, xii. tepo-
× rall houres, & the night. xii. teporal houres. And whan ỳ daies be lõge & the houres lõge, & the daies short & the houres short, in likewyse the night. And neuertheleſſe an houre of the day, & an houre of the nighte both togither haue. xl. mynuts, as for. ii houres artyficials ỳ the one leueth the other taketh. And than take we our planetes from ỳ sone
× riſing, & not before vnto the sonne
× going down & than al ỳ remnaunt is nigh & about the moneth of December, the dayes haue but eyght houres artificialles of the Clocke,

and

and they haue .xii. tempozals, than let the .viii. houres artificialles be deuided in .xii. egall partes, and it shalbee .xii. tymes .lx. minutes, and euery parte shalbe a tempozal houre, that shalbee of .xl. minutes and no mo. Thus in Decembze the tempozall houres of the daye haue but .xl. minutes. But the houres of the nyght haue .lxxx. minutes. Foz that tyme the nyghtes haue .xvi. houres artificialles, yf they bene deuyded in .xii. partes be .lxxx. mynutes, foz euery tempozal hour of the night in Decembze haue .lxxx. minutes and .xl. Foz an hour of ꝑ daye ben syxscoze minutes in two tempozall houres as many in .xii. houres artificialles, that ben eche of .xl. minutes. In the monethe of June is the contrary. In March and in Septembze al houres ben egal as is the dayes ſother monethes by egall poz cion.

Thus

Thus endeth the.vii. Planettes vpon the.vii. dayes in the weke.

And hereafter folowdeth the natures and expolycyons of the.xii. Signes deuyded by the.xii. Monethes in the yere.

March hath the signe of the Rã. And is indifferente for takinge of purgacion, and is verye good to let blonde.

Ryes is a sygne mouable hote, & dryE Colorike nature of the fyre & hath lordeshyppe in mannes head & the face, and the partyes longynge to the heade, whan the Mone is in that signe: beware of cuttinge in ỹ head, or in the face, or in any payne ỹ longeth to the head

Also it is peryllous in the beginninge of Aryes to take any heade ache, or any hurting in the yeen, for it were token of long durtinge, or elis of deth but elis not so perillous in the

the ende of it & this signe is moua
ble Oziental, of malculyne kynde
than is good to wozke all thinges
that is wzought with fier, and it is
good to take vyages towarde the
Eest, & is good to let blonde on the
arme, & to bathe the, & to sow sedes
and to make matrymonies, and to
begyn all good wozkes that haue
would sone ende, and is euyll to do
thinges which thou wolde st thou
laste long, foz asmuch as the Ram
is a beast ỹ raungeth, & casteth vp
againe ỹ meate ỹ he eateth to foze
Therfoze thã ther shuld no mede-
cine: noz passion be taken inwarde
whyle the mone is i that signe, foz
all naturall medecines, and passi-
ons receyued in that tyme menne
shoulde caste them vp agayne, and
so it falleth in al the Signes, that
ben raunging, as Aries, Taurus,
& Capzicozne, & the laste partye of
Sagittarye. In all these there

Wouldē no Pastyons be giuen for
drede of castinge vp againe. For
this sygne aryseth out of the ayr-
ent, & causeth ỹ time to bee hote &
dryye. The man that is borne vnder
ỹ signe of Aryes, by kinde of com-
plexcyon is Colorike, and shall
be wytty and wisely and disceiua-
ble, small of bones, yelow of colour
and kinde of hert, The Sonne en-
treth into the sygne of Aryes, the
xv. kalen. of March, and dwelleth
there in vnto ỹ. xvi kal. of Apryll.
And in thys moneth of Marche
is. iii. perylous dayes to take any
sicknes vpon, that is to say the. xv.
xvii. and the. xix.

Apryll hathe a Sygne of the
Bull, and is euyll for to take pur-
gacion. And also is euil to let blod.

The mone beyng in Tau-
rus, that is the sigue of
the Bull, the whyche
sygne reygnethe in the
nethe

necke and the throte, it is than perillous to be bentuled in ꝑ necke or catche sickness in the throte and muche more perillous in the beginninge than in ꝑ ende, this sygne is stedefast Meridional that is of the Southe partie, he is colde and dry erthly and of femynine kynde, and Meloncoly of complexcyon, it is thē good to sow sedes, to plant trees, & dynes for they shall redely growe and it is good to bylde housinge and to wed a wife, and euery thynge to do that thou wouldeste haue longe to endure and stably to abyde. It is euill to begyn batalle or to fyght. For it causeth the time to be colde and dry, and the winde to haue hys course nygh thē erthe, and the skyes to flye abrode by the earthe.

The man ꝑ is borne vnder this sygne, is by kynde of complexcyon Melancolye vnstable and vntrue

whyt lyuered & scrace of his purse
The sonne entreth in the sygne of
Taurus the .xv. Kalend. of Apryl,
and dwelleth therin vnto .xbi. Ka-
lender of Maye.

And in this moneth of Apryll is
ii. perillous dayes to take any ma
ner of sickenes on, that is to say the
xbi. and the .xxi.

¶ May hathe the Sygne of the
twynnes & is indyfferent to take
purgacion. And is euyl to let blod.

When the Mone is in Ge-
mini, that is the sygne
of two Twynnes, or ii.
chyldren of one byrthe
the whiche sygne reygneth in the
Armes and the handes of a man.
Thys sygne is double bodied and
Occidentall, that is of the weste
partye, and is Sanguyne of com-
plexcion hote & moyst after ye ayre
In that tyme beware of cuttynge
in the shoulders, armes, & handes
noz

noz in ỹ time vpon no vayne in tho places. It is good ỹ time to treate of frendeship, & whan the mone is in the signe of Gemini beware of letting of bloude foz it is euyl & ipe cyatty in the blumes foz Gemi. gouerneth thẽ & if one take the sickenes in a house & dye, all the other be i great daũger to dye of ỹ same. The man that is bozne whyle the mone is vnder the lozdship of this signe, he shal by way of kynde bee bert wise, pziue, & true, he shal haue iii. wiues & he shal trauaile mighty talt to purchase wozships. The Ionne entreth in ỹ sygne of Gemini the. xo. Kal. of May & dwelleth ther in til the. xbi. Kalen. of June. And in the Moneth of May is. iii daungerous dayes ỹ is foz to say the. bii. the. xb. & the. xri. June hath the sygne of the Creuys. And is good foz to take purgacion, and is indifferent to let bloude.

Cancer is a signe mouable colde, moyste, flumatyke, and watry, and hathe of mans body the brest and the stomake, the splenne, and the eyebes, whan the Mone is in thys signe, it is good to begin a way by water, and is metely good to take medecines but be ware to wed any mayd whan the sygne is in Cacer. And if any man take yl kenes in any time whil ỹ mone is in ỹ signe of Canter, it is great fortune yt he die not. For it is perylous both in ỹ beginning & in ỹ ende, this signe is septētryonal, that is of ỹ north the party. Also it is euel to build hous synge, or to set trees or to begynne any thinge that shal laste longe.

The man that is borne whyle that the mone entreth in this signe he shal be Femynyne of face, malā colious, faint herted and whyte of skinne, and he shall loue a woman

whiche

whiche shal greue him, his destenye shalbe harde in his youth, but whē he is paste .xxx. yere, he shall haue a maladie in the raines, & he escape he shal lyue by kinde a. C. yeare.

The sonne entreth in the signe of Cancer the .xb. kalen. of June and dwelleth therein til the .xbi. kalen of Julye,

And in this moneth of June is two daūgerous daies to take sickenes vpon, that is to saye, the foure and the .xii.

July hathe the sygne of the Lyon, and is euyl to take purgacion, and verye euyl to lette bloude.

THe Leo is a sygne stedfaste Dryentall hot, & drye Colorike nature of lyer, & of masculine kinde: & hath of mans bodye ỹ sydes & ỹ backe lenowes, bones & gryttelles, beware while ỹ mon

reigneth there of bentosing, or cut
ting, or harme catching in tho pla-
ces for it is ful daungerous in the
ende of Leo to take sycknes, more
than in the beginninge, for than he
may releue by good gouernaunce,
and it is euill to gyue medecyn to
the herte or stomake, and the vai-
nes to touche with yron.

A man that is borne whyle the
mone entreth in the sygne of Leo,
by kinde he shall be holden easy, he
shal take a wyfe a hedy strog wo-
man, he shal be loued as the Lyon
amonge beastes and he shall haue
great power among stronge men
The mone entreth in this signe the
xb. Calen. of July, & dwelleth ther
in tyll the. xbi. Kalen. of Auguste.

And in this moneth of July is
li. daungerous dayes to take anye
sycknes vpon, that is to saye, the
xb. and the. xx.

August hath the signe of a virgin
and

and is euel to take purgacion and indifferent to let blonde.

Argo is a sygne double mouyed Meridyonall ꝑ is of the Southe partye colde and dryc. Melancoly of complexcion nature of the earthꝛ of Feminine kynde ꝛ hathe of mans body the wommedryte ꝛ guttes, the lyuer, gal ꝛ milte. But chefely in the Limmes beneth the Medryfe. than beware of breaking or cutting on the bely or preny places with in forth. Also it is perillous for a man to take anye sickuesin the begining therof, but not so perylous in ꝑ ende, but rather tokē of helth, it is not good to wed a mayd for she will be barain but it is good to wed a wydowe.

The man that is borne vnder this sygne, he shal be well loued, and a man of great pyte and wile ꝛ lyue much in eale, his name shal

be

be good amonge al maner of men, he shal haue worshipe in hys age, he shal haue a sygne in the heade. The sonne entreth in the signe of Vyrgo the.xv.kalen.of Auguste & dwelleth therin vnto the.xvi.kalē. of September.

And in this moneth of August is.ii.perylous dayes to take anye sycknes on, that is to saye the.xix. and the.xx.

Septembre hathe the sygne of the Balaunce,and is good to take purgacion. And is verye good to lette bloude.

Vbza is a sygne mouable hote and moyste Sanguinarius, and hath the ouer parte of a man and the nether ende of a woman,that is to say the nauyl, the raynes and the low parties of ỹ wombe, & the shate,whan ỹ mone is in Lybza,it is good to let bloude,and is best to

make

make medecines for the nauel, and to do all thynge that thou woulde haue brought to ende, & this lygne is occidentall, Sanguyne of complexcion, and of masculyne kinde. And is good to begynne that shall longe laste. And knowe wel from the degre of Lybra to the degre of Scorpio it is euill to begynne diuers thinges, for the mone is that time in the worste.

The manne that is borne vnder this lygne, he shall be welbeloued and good shall neuer fayle hym, he shall haue a Signe in the necke, or in the shoulder bone, he shall be in great peryll tyl that he be. xxx. yere olde and thē shall he come to great worshyp. The Sonne entreth in ỹ signe of Libra the. xv. Kalender of Septembre & dwelleth therin tyll the. xvi. kalender of Octobre.

And in the moneth of September is. ii. perylous dayes to take any

any maner of sickenes on, that is to saye the .vi. and the .vii.

October hath the signe of a Scorpion, and is good for to take purgacyons, and is indifferent to bee let blonde

Scorpio is a signe of a serpent colde & moyst Fluma-tike nature of water Septemtryonall that is of the North the party, and hathe of a mans bodye the priue membres and the blader & whan the mone is in this signe it is good to giue medecines to ỹ membres of man and woman, and to take laxatiues, and to make all thinge ỹ shall laste longe and it is good to make a way by water.

The manne that is borne vnder this signe shal loue well the company of women, & haue other mennes heritages, he shalbe melancolyous, his wordes shall turne wel, in age he shalbe in trauayle, and in

the

the head he shal haue a token or in the face, he may lyue by kynde. xl. yere. The sũne entreth in the signe of Scorpio the. xv. kalen. of Octobber, and dwelleth therin tyll the xvi. kalen. of Nouembre.

And in ỹ moneth of octobre is. i. perillous day, ỹ is to say ỹ. vi. day.

Nouember hath the sygne of the Archer and is good for to take purgacion & also is good to let blond.

Do you well wyt that Sagitarius is a signe of an Archer, and double bodied hote and dry nature of the yer and Colorike of Complexyon, and of Masculyne kynde Dyrentall that is of the East party, and this sygne regneth in the thyes, & lodoges of a man, and beware of cutting of two places, & than is good to let blond and to treate of peas & to wed a wife and to make all me-

dcynes

decynes that is made with fyer.

The man ꝑ is borne vnder thys signe shal be hasty & bold to do foly & he shal haue a signe in ꝑ cheke or in ꝑ sholders, he shall be bytten of a dogge, he shal haue tribulacions he shal haue sicknes in his eyen, he shal haue two wyues & the second shal begyle him, and he shall waxe sicke at.xl.winter, and he escape he shall liue by way of kinde a.c.yere. The sonne entreth into this sygne of Sagittarius the.xb.kalend. of Nouembre and dwellyth therein tyl the.xbi.kalen of Decembre.

And in the moneth of Nouembre is.ii.perrillous dayes, to take any maner of sicknes on, that is to say the.xb.and the.xix.

Decembre hath the signe of the Gote, and is euyll to take purgacion, and is euil to let blonde.

Capricor-

Capricornus is a sygne mouable & vnstedfast of the Southe party endely colde & dryye, melancoly nature of the earthe and of femynine kynde, and hathe of mannes body the knees whan the mone is in this ligne it is good to make medecines to the knees, but beware of cutting or hurting therof for drede of touchynge of the lenowes and vaynes for it is perylous while the mone reigneth ther and greater peryll in the ende thā in the begynnynge.

The manne that is borne vnder the sygne, shalbe wise sayre & hasty and he shal haue a tokē in ỹ hed or in ỹ knee he shalbe melancoly, & he shal lyue by kynde a. C. yere as astronomers saith. The sone entreth in ỹ signe of capricornus ỹ. xb. kale of December, & dwelleth theri tyl ỹ. xbi. kal, of ỹ moneth of Januarye

And in the moneth of Decembez

is

is.vi.perylloꝰ dayes to take sic-
kenes or any dileale on, that is the
iii.vi.viii.ix.xv,and.xvi

Jannary hath the ligne of a mā
shedyng water and is good to take
purgacion indyfferent to let blode.

AQuarius is a ligne sted-
faste Occydentall that
is of the west party hote
& moyste after the kynde
of the ayre, and sanguyne of com-
plexyon, and hathe of mannes
body the thankes vnto the ende of
the ancles, & whan the moone is
in that ligne, it is good to let trees,
and buyld, and to wed, & is euyl to
take sickness in al tymes while the
moone reguethe there.

The manne that is borne vnder
this lygne of Aquarius, shall bee
worshipped, he shall bee good and
true, and welbeloued, & haue often
head ache, he shall haue a fal from
ryches

riches, but he shal be happye in the weste coũtrye, and he shall be in pe tyll of water.

The sonne entreth in the sygne of aquarius, the .xb. Kalender of January, and dwelleth therin tyll the .xbi. Kalen. of Febzuary.

And in the moneth of January is .biii. perillous daies to take sycknes, that is to say the fyzste, second iiii. b. x. xb. xbii. and the .xix.

¶ Febzuarye hathe the sygne of thze fyshes & is good foz to take purgacions, and is indyfferente to lette bloude.

PIsces is a sygne comone double bodyed, Septemtryonall colde, & moyste, watrye, Flumatyke of complexcyon, and of Femynyne kynde, and hath of mannes bodye the fete, than is it perillous to lette bloude, oz open any bayne in that plate, and if a manne take syckness

in any tyme of that sygne, it is not of right great peril but it is good to go to councel to accorde and to make al thyng that may go by water and to make athyng that shal laste long.

The man ỹ is borne vnder thys sygne of Pisces, shalbe a greate lechour, & go ler a Pylgrymage, he shal haue an euyl hurt in his head in his youth he shal haue many maladies he shal fall in water yet escape well he may lyue by kinde a c. yere & if he wil haue good he must dwel in the Northe The sõne entreth in this signe of Pisces ỹ. xv. Kalen of Febzuary, & dwelleth therin til the xvi Kalen. of ỹ moneth of Marche

And in the moneth of Febzuary is iii. peryl lous dayes to take any maner of sickues on that is to saye the. viii. the. x. and the. xvii.

Thus endeth the natures, and Expolycions of ỹ. xii. Signes deui

ded

bed by the.xii.monethes of the yere
ypon bloude lettyng, with the moſt
daungerous dayes for to do anye
thing towchyng Phelyke.

And hereafter foloweth the Re-
medies for many diuers Infyrmi-
tes and diſeaſes that greueth and
hurteth the body of man.

For the head ache. Capi.bii

TAke hemlockes & ſethe
theym tyll they be ſofte
as pappe, thē lay them
to ỳ head there ỳ payne
is and let them lye all nyghte, and
on the morynge lay another hote
plaiſter of the ſame & do ſo.ii.or.iii
tymes and he ſhalbe hole.

For akinge of ỳ head. Ca.biii.
Take and make lye of Veruayne
or elles of Betayne, or of wormē-
wode, and therwith waſhe thy hed

thyple in the weke, and it shall do the good, and take away the ache.

For to spourge the heade. Ca. ix

Take the leede of Staupicre, & bete it small to pouder, and whan it is beten small, take a fyne lynen clothe and put the powder therin, and make thereof a lytell ball the quantite of a greate hasell nut and put it in thy mouthe, and roll to & fro, betwyxte thy tethe chawynge, holdinge downe thy head the space of an houre, and it wyll spourge thy heade and thy gumes, and kepe thy tethe from akinge.

Also for to spourge the heade. ca. x

Take ỳ rote of pelater of spayne and chewe it betwyxte thy tethe to and fro a good whyle, and it wyll spourge well thy head & also fasten thy tethe, and spourge thy gumes.

For the tethe ache. Capitulo. xi.

Take Betany and wilde gorses and sethe them in wyne or elles in

Cucurbita. mgors. byne

vyneger, & thã put it in thy mouth as hote as thou mayste suffer, and holde it a good while in thy mouth and it wyll take awaye the payne.

¶ For the ache of a holowe tothe,

Capitulo.xii.

¶ Take asa fetida and put it in thy tothe ỳ is holowe, & it wyll appese, and take away the ache.

Also for the tothe ache. Ca.xiii.

Take Henbane and vrine it, and holde it betwene thy tethe a good whyle, & lay it also vpon the to the that akethe and it wyll swage the payne anone.

Also for the tothe ache. Ca.xiiii.

Take the sede of Henbaine and caste it vpon a chaffynge dyshe of charcole fire and holde thy mouth ouer the fier that the smoke maye entre into thy mouthe, & than hold thy mouth ouer a basin of fayre clene water, and thou shalte se vpon the water as it were smal wormes

that shall come droppinge oute of thy mouthe. Also take the sede of Henbane & bete it to small pouder and medle it with wax and make a lytell pellet ỳ it may be full of powder without fo̱rthe, and put it in ỳ hole of the holow tothe that aketh & it wil lightly flee ỳ ache of ỳ toth.

Also fo̱r the tothe ache. Ca.xv. take the ro̱te of Henbane and sethe it in bynegar tyll ỳ thy̱rde part be soden away, & with the same wash thy mouthe, and holde thy mouthe full a good whyle and it wil fle the tothe ache. Also take ỳ rote of Henbane & holde it betwene thy akyng tethe, and it wyl do away ỳ payne

Fo̱r ỳ stench in ỳ mouth. Ca.xvi

Take the Iuie of Gerusayn, and bro̱ke it & put it i thy mouth, & hold it a good whyle close in thy mouth and it wil take awaye the stenche.

Fo̱r a stinking bre̱th. Ca.xvii.

Take, Dyle, Dozet, Turpen-

A comeng from ye tyne

tyne

tyne, Hony, Oyle Olyue, Uirgyn-
waxe, as much of one as of another
and boyle them al togither, & make
an oyntment therof, & vse it euery
daye in the patientes nose thrylles
and let it be put into the nose euery
daye in the morynge with .ii. ten-
tes made of linte scraped of fyne ly
nen cloth, and he shalbe hole.

¶ For ache and wormes in the
eares. Capitulo. xviii.

Take the ioyse of Henbane and
put it in to thine eares & it wil take
away ỳ ach & alle ỳ wormes in thē.
A precius water for poysō, & speci-
ally againste ỳ pestylence. Ca. xix.

Take turmentyl, scabyous, gol-
des, betayne, and pympernell, of
euerythe a lyke much and dystyll
therof a water, & drynke it fasting
euery day in the morynge, fyrste
neyte youre herte for it shal do you
muche good.

For ronnyng eyen. Capit. xx.

E.iiii. Take

¶ Take blacke snayles and seth them in fayre water than take the grece that is on the water, & therwith anoynt thy eyen that be watery and ronneth.

For reed blered eyen. Ca. xxi

Take the ioyce of Rue, & pouder of Commin, medle them togyther the take coten & dype it wel therin & lay it therto, & anoynt the teples, & the browes, & the liddes of the eyen therwith, and they shal be hole.

For eyen that benne dallined, or dyzke. Capit. xxii

Take ỳ rote of reed fenel in winter and in somer the leuys, or elles bothe rotes and leuys, and stampe them & wringe out the ioyce & temper ỳ ioyce w̄ fine clarified honye & make therof an ountmēt & anoynte the eyē therwith & it shal put awai ỳ derkenes, & it shal clere the sight

A precyous water for the lighte of the eyen. Capit. xxiii.

Take

¶ Take smalage, reed fenell, rue, × beruayn, betayne, egrimonie, pim-pernell, enfrage, sauge, salēdyne, of euerych alyke muche of quan-tyte, & walsche them welt and clene & stampe them & put them into a fayre brasen pan, & take ỳ powder of .ỳb. pepercornes faire sarcid ito a pynte of good white wyne and put it vnto ỳ herbes, with .iii. spone ful of lyue hony, and .b. sponefull of ỳ water of a manchylde that is an Innocent, and medle them al toge ther and boyle them ouer the fyre, & wha it is sodō straine it through a clene lynen clothe, and put it in a glalle and stoppe it well and close, tyll you wyll occupy it, and whan nede is do thereof into the sore yen with a fether, & yf it be waxen dyre temper it w good whyte wyne, for it is very good for ỳ sight of Eyen.

¶ For appynne and the webbe in the eyes. Capitulo. xxiiii.

Take

Take a curtesy of cleane clary-
fyed honye, as muche of womans
mylke ỳ nozyeth a mayde childe
and foz the woman the man chyld
and lethe them togyther, and wha
it is colde put it in a glasse, & clo-
se it from the ayze, and thus do.ii. oz
iii. dayes.ii. oz thze tymes euerye
daye, and he shall be hole.

Foz all euyls in ỳ eyen. Ca.xxb.

Take clene clarifyed hony one
parte, and mozethā of halfe ỳ hony
and of the gall of an Hare, medle
them togyther in a vessell ouer the
fyer, but make it but luke warme,
and kepe it in a glasse, but beware
that thou take not to much therof
in thine eyen, foz the quantite of a
small pynnes heade is ynoughe at
ones when thou goest to bed, and
ỳ is sufficyent foz.vii.yeres if a mā
haue a Perle oz a webbe in his eien
& be it not dzye, but put therto som-
dele moze of ỳ gal than of the hony

foz

For boylynge in the eyen. Ca.xxvi
¶Take May butter and powder of comyn, and stampe thē together & lay it on a lynen cloth to the eyen and oftētymes renewe it, and whā ꝑ boyling is swaged take saffron & womās milke & gride thē together and drope therof in the sore eyen and than thou shalte be hole.

For a lyknynge brethe. Ca xxvii.
¶Take .ii. handfull of pouder of comyn, and sethe it in good whyte wyne from a quarte tyll a pynte & drynke this fyrste & laste alwayes hote, and he shalbe hole within .iv. dayes drynkynge.

For the stomake that is hote and swolen. Capi.xxviii.
For the stomake that is hote and swolen, take the rote of Smalage & stampe it, & put it in swete wyne or in other good wyne al a day and a nyght, and then lette it be passed thrōughe a fayre linē cloth & put it in a

in a clene vessell, & vse to drynke a curtesy therof euery day fastynge, iiii. or. v. dayes & he shall be hole.

For the stomake that aketh, ꝑ commeth of colde. Capi. xxix.

¶ For the stomake ꝑ aketh, ꝑ commeth of colde, take an herbe ꝑ is called Poleo & drye beues, an handful of syngryg, & as much of this poleo & put it in a vessel with faire water and let it sethe there on the fier tyl the thirde parte of ꝑ water be sodē away & put therto suger of stone & a curtesy of honye, & drynke it. iii. dayes fastinge, and he shal be hole.

¶ For to forte ꝑ stomake. Ca. xxx.

To forte the stomake take canell. iii. poys, and one poys of maystyke, and one poys of the parynges of Pomegarnades, and halfe a poys of galyngale, & stampe all these together, and temper it with hony that hath bene boyled of the fyer, and well scommed,

and

and vse of this as muche as a nute euery day durig.x. dayes fastynge and he shalbe hole.

For the stomake, and the belyꝑ aketh. Capitulo.xxxi.

For the stomake and the belyꝑ aketh, take the floure of an herbe that is called Nemaham, that is lyke to Minte and it hathe a good sauoure, take.iiii.poys of Colmer and vii.poys of water, and sethe all together to the.iii. part, & with Suger drynke this. v. dayes fastinge in the mornyng, and he shalbe hole.

And if a man be sycke at the stomake or in the bely, or at the herte or hed, or were byte with any euyll venemous beaste, or poysoned. Capitulo. xxxii.

And a man were by ꝑ way tranayinge or in his houle, & he had all these sickenesse and he had with him a Lectuary that is made of v. thinges

called ye Electuary of life

thynges, he eate thereof or drynke thereof in water. iii. poys, or. iiii. he shoulde be hole, & he vse it. xb. dayes fastinge, & whan he goeth to bede laste, he shoulde be hole of all the sicknes in hys bodye, and he drynke euery time, ii. poys, & these thinges they bee. Scorlogio, Morre, Gentiana grandoser, and zataont as muche of one as of another, & stamp them and straine them, & medle them with hony that hathe be well boyled on the fyer & scumed fayer and clene, for this is called the lectuarye of lyfe.

A good medecyne for rysynge vnder the stomake. Capitulo. xxviii

Take peper, longe peper, graynes saffron, ginger, annyes, lycorys, & luger, sethe all these in good ale tyll it be thycke, and gyue it the sicke to drinke, and he shal be hole.

Also a good playster for ryling vnder the stomake. Capitulo. xxviiii.

take

¶ Take perowde otherwise called mylfolye, reed fenel, reed myntes, bozage, rue, fetherfoye, clote leues, perytozy, & grimonye, of euerych a lyke muche and the grece of a barowe hogge foz a man, & foz a woman of a yelke hogge, that is of a sowe kynde, and sethe them all togither i good ale and make a playster therof and lat it to the stomake as hote as it maye be suffred. ii. oz. iii. tymes, and he shalbe hole.

¶ Foz to distroy the hete in the stomake ——— Capitulo. xxxb.

¶ Take faire clere water & boyle it well & scume it and put therein theuers of bzoume bzede, & let thē lye therin an houre till ỹ water be almoste colde, & then dzinke therof ii. oz iii. dayes by dyuers tymes, & he shall amende in shozte time.

Foz brēning in ỹ stomake. ca. xxxbi

¶ Take and eate grene percelye & galyngale whout any other thynge

foz

¶ For to auoyde flume out of thy stomake, & the head. Capt xxxbii.

Take powder of Pelatory of spayne and powder of commin, powder of longe Peper, powder of gynger mustarde, vyneger, and medle the togyther and chafe the on the fyer til they waxe thicke, & than as hote as ye may suffer put part therof in your mouth galking in your throt vp and downe, but let none enter to youre stomacke, and do this dyuers tymes, spyttynge out by the space of an houre and this is a gargarysme.

For all euils of ỹ stomake. ca. xxxbiii.

Take asshe sede, lynne sede, & cō min of euery a lyke mouch & giue it to ỹ sycke body to dryncke w̄ hote wozte, oz els with fayer hot water

For a dyseale at ỹ hert. Ca. xxxix.

¶ Take Sentuary and sethe it in stale ale and whan it is well sodden stampe it in a mozter and seth

it

it againe with the same licour and than clense it through a cloth, and porporcion the ioyce, put therto .iii. sponeful of clarifyed hony, & boyle it well together againe, and put it in a boxe and geue it to the pacyēt euery day a thre sponeful fastinge tyll he be hole, and this shal do away the glut from his herte, and make him to talent to mete.

For wekenes of the hert. Ca. xl.

Take rose water, & Perles, bete smal to powder, and medle it with suger, and drinke it .ii. or .iii. dayes.

For faintnes of the hert. Ca. xli.

Take the sylinge of golde, and the pouder of the bone of a hertes herte, medled with the ioyce of borage and suger made in strope, for that is very good for swounynge.

For the brelle that is inesbred. Capitulo. xlii.

Take ysope and sethe it in a potyll of wyne tyll that it come to a

quart, & let ỹ sicke vse therof fyrst in the morninge, & last at euē yore, and at morowe cold, tyl he be hole. For a man, woma, or tylde that is broken in the bely. Capt. xiii.

Take in Maye the tender croppes of herbe Almonde, and dry e them with the wynde & not in the sōne, and make pouder therof and sarce it and kepe it dry e in a bladder and let the pacyente drynke of that, pouder with white wyne euē and morowe winter & somer, saue in Maye. In Maye drynke of the tendryng of the layed Almonde. For this drynke wil make the broken bely grene, as it were new broken, and the paciente muste be wel and easelye trulled: that he or the maye go with it all daye, and lye with it al nyghte tyl he be hole, and that wyll be within .xiiii. dayes yf he be wel ruled, for he must lye vpryght as muche as he maye bothe

Daye

day and nyght and not strayne his
bely but as lytle as he can. And he
muste kepe hym lay as longe as he
is lycke, and lye in hys bedde .ii.
houres in ỳ mornyng after he hath
dronke thys medecine, a muste eate
no whyte meate tyl he be hole, nor
walke but easely for straynyng.
The plaister to knytte ynn .xiiii.

Take Polypody that groweth
on an oke, ỳ rotes therof and pare
them clene and the rotes of Elena
campana, and pare them clene, and
than bete thē in a morter, as smale
as thou canste, and temper it with
oyle of bay, and make it a playster
thycke, and lay it on a thycke cloth
a good quantite, and lay it there ỳ
sicke is greued vnder the truste, frō
the euen tyl the morowe, & on the
morowe chaunge it agayne, thys
is for all the yere saue in Maye,
than the leues be better.
For the playster in maye. Cap. xlv.

Take Polypone leues, and the leues of Elenacampana, & daysye leues, and bete them smal, and temper them with oyle of bay as thou semeste best to make a playster, & lay it there þ sore is, euen and morowe, and he shall by the grace of God be hole.

For to breake wynde in the bely. Capitulo. xlvi.

Take cōmin, fenel sede & annes sede beten to pouder the sethe it in wine and drinke it firste and laste.

For a swolen wombe. cap. xlvii.

Take the ioyce of Rewe, and let the pacient drinke it with wine or ale, & he shalbe hole on warantise.

For akinge of the wobe. Ca. xlviii.

Take tasy rue, sothernewode and eate thē with salt, & he shalbe hole.

For the heart brennynge. Cap. xlix.

Take the croppe of fenel and chewe it in thy mouthe, and sucke the ioyce therof, and spette out the other

other parte, and he shalbe hole.

For sore eyes within forthe.

Capitulo. L.

Take alysanders, persilye, lonage, redde fenel, smalage, burnet, and gromell, & sethe them in white wine, tyll halfe be consumed than strayne it and let the sycke drynke it fyste and laste, at euen hote, and morowe colde.

Contra telam et masculam in oculo. Capi. li.

Take fenell, vnset goldes, Veruayne, and betayne, Ale, and stape them and temper them with ale or whyte wyne, and strayne it, and the stampe. ix. lowpes, otherwise called Theflockes, and put them into the sayed lycoure, and gyue it to the pacyente to drynke. ix. dayes followyng, and he shalbe hole.

For a womans pappe that is sore

Capitulo. .lii.

Take the rote of bziane, that is

to saye, wylde Neppe, and make bare al the ouer parte of the sayed roote, that is to saye, the toppe of the rote, and make an hole therin, and couer it with a tyle stone, and put it in the earthe, and lay earthe vpon it, and let it stande to.iiii.or. v.dayes, than open it and take the ioyce that ye fynde in the hole and kepe it i a glasse, & therwith anoint the breste and it shalbe hole.

For the iuer that is corrupt and wasted. Ca.liii

Take a good quantyte of lener worte, and bruse it a litle, and then sethe it in good stronge wort with a quantite of Rubarbe & vse thys medecine and thou shalte be hole.

For hete in the iuer Ca.liiii.

Take the ioyce of toute Apples, and swete aples of eche a pounde or more as muche as you thinke best and .ii. pounde of suger, and medle these thynges togither, and let the

boyle

boyle on a symple fyre, tyll it be thycke as syrope, & vse thys a curtesy therof euery day fastyng with luke warme water.

For the hete in the lyuer of a man that hys colloure is yelowe. Ca. lv.

Take the water of Sycoze, and water of Letues, and water of the leues & smal braunches of a wylde Mozter tre, oz els take the herbes and stampe all these togyther, and as much of one as of another and take the ioyce of these thynges, and as muche as al thys of suger, and boyle al togyther tyl it be as thycke as a syrope, and than put thereto a poyse and a halfe of Rubarbe and vse a quantyte of thys sirope and cold water euery day fastyng at nyghte, & he shal be hole.

For the brette that is encombzede. Capitulo. lvi.

Take and drynke .viii. dayes oz .x. of the Fumer that cometh of

lyke wormes euery day a pois in
syrope of ysope, and yf a man may
not haue this drynke, take ỹ pure
herte Douligñ also in sirope of
Jsope x. dayes and he shalbe hole.
For a man that hath wormes in
his bely, & his body be lene. ca. lvii
Take the gall of a kowe, and
floure of lupyus a turtelye. and
medle them together, and make a
playster of wole, and lay it on hys
bely where the grete is, & do thys
iiii. or v. dayes, and he shalbe hole.
For the drette & ylages. Ca. lviii.
Take a quantyte of clarifyed
hony & boyle it, & whã it is boyled
put therto half a poũd of pere war
dyns mynsed, and boyle them wel
together, and than put therto an
once of powder, made of the rotes
of Elena campana, and a ounce of
powder of lycores & let thẽ boyle
eyll it be somwhat styffe, than take
it frõ the fyer, and whan it is nigh
colde

cold put therto an ounce of pouder of gynger, & styre it wel togither vse thys fyste and laste.

For to auoyde and pertroy flume Capitulo. lix.

Take persly rotes, fenel rotes pertroy, and Isope, and sethe the in good ale with licores, & a quantyte of clarified honnye, and vse to dryuke it, and thou shalte be hole.

For the stone. Capitu. lx.

Take the rotes of Thornebacke and drye them fayre, & make pouder therof, & than take therof .ii. d. weyghte, and put therto two spoonfull of water of Ramsins, & dzinke it euery day and euery nyght, and than thou shalt be hole. And yf it be a greate stone take a sponeful of water, of stone croppe .ii. sponeful of water of Ramsyns, and .ii. peny weyght of the forsaid pouder medled togither and vse thys medecin thze tymes, and thou shalt be holpen

pen be the stone neuer so great.

Also for the stone. Capitulo. lxi.

Take the blode of a male kyd, and drye it in an ouen and make powder of it, thā take gromel sede grounde. Jue berues, stanmarche, sede & rote of ye sede of Saxfrage rotes of Turmentyl, and of philypendula by eueñ porcion, and bet it al to smale pouder, than take as muche of the pouder of kyddes blod as of the sedes & rotes aboue sayed, and vse thys pouder whan nede is i sauce or in potage, a peny weyght at ones and no more.

For the colicke, strangury, and the stone. Capi. lxii.

Take Carewaye, Fenell sede, spikenarde, annes, commin, Cynamum, and galingale, of euerych halfe an ounce, gromell sede, & yrores, of euerych of them an vnce teth weyght of al the, and bete the al to pouder, and put halfe a spone

full

full of the same ponder in ale luke warme and drynke it, and walke therafter an houre, or thou eate or drinke any maner of thynge.

For a man that is lepper, and it take in his legges and go bpward

Capitulo. lxiii.

For a man that is a lepper, and it take first in his legges and go bp warde into hys bodye he maye be sone hole, and yf he wyll take Charobot, that is to saye, a Bettyl and brene it to asshes, and bete it al to pouder smale, and than take olde barowes grece and melte it well on the fier, and temper it togither and as much as halfe that of Blanchet, and make an ointment therof and lye it on the sore and vpon the oyntment, loke that ye put a plate of lede ful of smale holes in many places, and chaunge it bothe in the mornynge and at nyght the oyntement, but not the lede, and he shall

be

be sone hole of that sickenes.

For a dertte in a mans nethe.

Capitulo. lxiiii

Take a wozme that is called Pleacher, & is as great as a bene, and is clene blewe oz sendze, and it hathe many smale fete and whyte vnder the bely. And whã a mã toucheth it he waxeth roũde, as a button, take the wozme and rubbe it wel agaynste the dertte, that it be al broken, & do this euery daye iii. oz iiii. tymes, and at euerye tyme rubbe iii. oz iiii. wozmes & anone it shalbe hole.

For sauce flume bisage. Cap. lxv.

Take Elenacampana and sethe it in a potte with byneger tyl it be soden in, than stampe it smale, and than put thereto quycke siluer, and bzimstone & giltes grece, & braye it togither & make therof a playster, & lay it to thy bisage all nyght and on the mozowe washe it ofte.

For

For hym that may not holde his water. Capitu.lxvi.

Take gotes talowe and bren it, and make therof pouder, and put it into the pacyentes porage, and let hym dre this, and he shall pysse meaturably ynoughe.

Another for the lame. Ca.lxvii.

Take Synthone and thepes talowe, and sethe them wel togither and as hote as it maye be suffred lay it to the membre, and he shall make water anone.

For to destroy flume. Cap.lxviii.

Take betayne and drye it, and make therof pouder, & kepe it tyll thou haue nede, and whan thou wilt occupy therof take a quantite of hony and of the pouder, & make therof.ii.or.iii.pelletes, and thrawe them downe al hole last whē thou goest to bed, and that shal do the muche good.

For a wobe y is harde. Ca.lxix.

Dzynke

Drynke the ioyce of weybrel
wich olde wine, and he thalbe hol
Also another for the same, tak
Cinkefoyle, that is to saye, kyue l
ued grasse, and stape it & drinke
with hote milke, & he thalbe eased
For the bloody manyon. Cap. lx
Take mitfoyle, and plantayne
of euerych a lyke muche, stamp
them wel togyther, and kepe i
and whan thou wilte take theref
and temper it with wyne, & let th
pacient drinke it, & he thalbe hol
For a mannes stones that
swolen. Cap. lx
Take an herbe that is called M
rectee in Frenche, and frye it w
in oyle olyfe, & laye it to the stone
that is swole, as hote as it may
suffred .viii. dayes or more & nei
be, for this wyl hele the swelling
For to make one slender. Cap. lxi
Take and sethe fenel in wat
and drinke the water laste at eu
at

and fryste at morowe, and it shal
swage hym or her shortely

For hym that lacketh wynde
Capitu. lxxiii.
Take Malowes, Mercurye, and
borage, and sethe them togyther,
with a pece of porke & make therof
potage and eate it, and drynke the
brothe with whyte wine, or wyth
whey that is made of mylke.

For him that is costife. Cap. lxxiiii.
Take the ioyce of walworte, and
medle it with hony, and gyue it the
patiente to drinke.

For a wycked blaste and wynde
in the visage. Capitulo. lxxv.
Take a henne Egge, and rosse
it hard, than take the white therof
and an ounce of coperas, and bete
it togither smale in a brasē morter
yl it be lyke an oyntmente, & ther-
with anoynte thy face y is blasted
and whan it is hole, than anoint it
with populeon, & that wyl souple
the

the skynne, and make it hole.

For the Shyngles. Ca.lxxvi.

Take Doues donge and Barlye mele, & stampe the togyther, and temper them with aysell and laye it therto

For the kowghe. Ca.lxxvii.

Take Nettles, and gather them betwen sayncte Mary dayes in harueste, of them that beareth sede, and dry them in the sonne, and rubbe out the sede and grinde it, & drinke it with ale, and thou shalt be hole.

For him that hathe the perylous kowghe. Capitu.lxxviii.

Take Sage, rewe, commin, and pouder of peper, and sethe them in hony, and make therof a Letuary and vse thereof a sponfull at euen, and another in the morynge.

The coughe that is called the Chinke coughe. Capitulo.lxxix.

Take the rotes of Horshele, and Caintfire, as much of one as of an-

other

nother and stampe them small in a morter and sethe them in faire water, tyll the halfe be wasted, and than take the thirde parte of hony boyled and scummed, and put them together, & make therof a Lectuary, and do it in a box, and let the sycke vse therof .v. dayes or .vi. a good quantite at ones, fyrste and laste, and he shal be hole.

For the Ache. Capitulo.lxxx.

Take frankensence, and braye it small, & medle it with oyle of baye, and than anoint there as it scheth at.

For to drawe a byle from one place to another. Capitulo.lxxxi.

Take an herbe that is called. Oculus Christi: & beruayne and make a playster of it, & lay it fro the byle .ii. fyngers brode, and whan it hathe lyen a good whyle remeue it and do so styll, tyll it be there that thou wolde haue it, and there lette it breke.

For them that pysseth blode.
Capitulo. lxxxii.
Take percely, ambrose, and bursa pastoris, of euerych a lyke mych and stampe them, and temper them with a quarte of gotes mylke and strayne it, and let him drynke it. iii. dayes at euen and at morowe, and this wyll staunche him shortely.
For a man that hathe loste hys mynde. capitulo .lxxxiii.
Take ỹ ioyce of goldes of sauge and of wormewood, of euerych of thē a sponefull, and take as muche of whyte wine, and put therto, and let hym drynke it at euen, and as muche at morowe colde, and serue him thus .v. dayes durynge, and he shalbe hole.
Another for the same. ca. lxxxiiii.
Take and shaue of the heer of his molde of his head, than take Archaungel and stampe it, and bynde it to his head, where it is shauen,
and

and let hym take a slepe therwith, and whan he waketh he shall be ryghte weke, & lober ynoughe. &c.

For hym that hathe the frenetye Capitulo. lxxxv.

Take oyle of roses, oyle of vyolettes and of euerych of them .xx. poyes, and asmuch of water of Cocorde, and put it in a newe vessel of erthe, and boyle it tyl all the water be kayled, thā put out that and put in other in the same vessel asmuche of that water, & boyle it thus .vii. tymes, and than put thereto halfe of the .iiii. parte of a poyes of Camfere & medle it well together, & vse it on his head whā it is new chauē.

For a persone that vomeithe to muche. Capitulo. lxxxvi.

Take Roses and boyle thē well in good strōge vyneger, and make a playster therof and laye it to the persones stomacke.

For a man that hathe a dysease

in his eares. Capitulo. lxxxvii.

Take fayre oyle olyfe, and let it be blowē out of a mānes mouthe ꝑ is clene & faſtynge in to the eares of the ſycke man, & let this be done iii. or. iiii. tymes, and let that ſyde of the head be turned downeward ꝑ the ordure of the head may ronne out, and vſe this. viii. or .x. dayes, and he ſhall amende.

For a man that his eares ſownes within. Capitulo. lxxxviii.

Take almondes, and the carnels of peches, and let the be clene pylled i hote water, and make oyle of them, and let that oyle be put in to the eares of the ſycke body with tentes made of fyne lynnen clothe, and vſe this viii. or .x. dayes, and he ſhalbe hole.

For ſynewes that ſhrynke after that they haue ben hurt and healed. Capitulo. lxxxix.

Take enſence, calafome, maſty-

ke,

ke, hantyt, turpentyne, galbenon, bylque, the mary of an alle, thepes suet, olde twynes greece, and butter and of euerych of them halfe an, ounce, than take an ounce and an halfe, of ware, and an ounce of oyle olyfe, and stampe them and boyle all these thinges togethe, & make it in maner of an oyntmente harde to make playsters, and than make therof a playster and laye it on the hurte, senowes, and let thys lye. xb. dayes or more, and they shall stretche out.

For to staunche blod. Ca. lxxxx.

Take an herbe ỳ is called, Lune. mahak and stampe it, and laye it on the wounde, or take the grene leues therof, and lay on the wounde, and it shall staunche, and yf a man maye nat haue this herbe, let him brenne the fethers of a cockes necke, and take the asshes of them and laye on the wounde, and ỳ blode shal sone

he staunched.

Also to staunche blode. Ca.lxxxi

Take a pece of salte befe that is well salted, or elles a pece of salte befe that hangeth in ỹ rofe, & couer it in hote embres tyll it be throughe hote, & take almuche as wyll stope the hole, & bynde it faste to, as hote as the pacient may suffer it, and it shal stauche a none but let ỹ befe be fat and leane together.

For an empostume. Cap.lxxxii.

Take parlye and ozye benes, and licozes, and let boyle thē with fayre water altogether, of euerichē a like muche, and drynke therof with suger euery day fastynge, & at nyghte whan he goeth to bed, and vse thys vi. dayes or more, and he shall caste out that postume.

For spetynge of blode, Ca.lxxxiii

Take ache, myntes, rue, and betayne and sethe them well in good mylke & geue it him to drynke fyrste

in

in the moznynge, & laste at nyghte, and he shalbe hole.

For wylde fyer that is called fyer of hell. Capitulo. lxxxiiii.

Take reed wormes of the erthe and the rote of baleryan, and stãpe them together and laye it therto, & take baleryan the rote and ỹ lenes and stampe it, and temper it wyth water and geue him to drynke and he shall be hole.

For bytynge of a madde dogge, Capitulo. lxxxv.

Take the sede of bore and stampe it and temper it with holye water, and geue it him to drynke. &c.

For to do away a wẽne. ca. lxxxvi.

Take and binde faste the wemne, than take verdigrece, sulphur, sope, oyle of egges, alam and hony, and temper them together, and laye it therto & it shal do away the wenne and heale it without doubte.

For to breake a felõ in the night.

Take powder made of Cantarydes, and teper it with clene thepes talowe, and make a plaister therof and lay it therto and it shal breake

For the migrym. Ca. lxxxbiii.

Take. iiii. handfull of reed Rose floures frethe in tomer, & in wynter worked, and. iii. handefull of camamel, and as muche of beruayne & breke them smal with thy handes and boyle thē in a pottell of whyte wyne of gascoine yf it may be habe, or els in rochell wyne tyll it come to a quatte, & put thē in. iii. bagges broched flate lyke a playster, and lay there the ache is, as hote as the syrke may suffer, and chaunge them hote and hote duryng a daye and a nyght, and longer yf nede be.

For the mozfewe. Capi. lxxxix.

Take water of elder and drynke it. iii. sponfull in the mozynge. ii. or. iii. tymes, and whan ye receiue it

walke

walke after and catche a good hete And thā take a pinte of white vyne ger and .ix. oke apples, and cut them and lay thē .iii. dayes & .iii. nyghtes in the same vineger, and after take a fayer lynen clothe & put the apples in the same clothe, and strayne thē, and with the licour therof anoynte thy body .iiii. dayes, and it wyll do awaye the morfewe.

For to stope the flyxe. Capi. C.

Take an onyon and roste it tyll it be tender than bruse it and lappe it in a lynnen clothe, and put it be-twyxte the clyfte of the buttockes euen toynynge to the fundamente, and let hym downe theron, as hote as he may suffre a longe tyme, and take another onyō and plucke out the core, & fyll the hole ful of frāken-sence, and Englysche saffron, & take the couerynge of the onyon & couer the hole and put it in the em-bers, and let it boyle tyll it be som-

what tender, than put awaye the
couerynge, and laye the onyon as
hote as it maye be suffred vpon the
nauyll hole, and bynde it faste that
it fall not away, and he shalbe hole.

For the Canker, wylde fyer, and
ignis sancti Anthoni. Capitu. C.i.

Take and roste Sorel in a wete
lynnen clothe, the space of halfe an
houre vnder the hote embers, and
than stampe it with fyne claryfyed
hony and laye that to the sore, and
without dowte, it wyll do awaye
brennynge blackenes, and stynke, &
hele it parfytely.

For to make heere to grow.
Capitulo. C.ii.

Take and sethe malowes, rotes
and al & washe the place ther as the
heere lacketh, and it shal growe &c.

For to do awaye heer. Ca.ciii.

Take horseleches & brenne them
to powder, & mynge it with eysell,
and towch the place there the heer
groweth

groweth, & it shall growe no more there. &c.

For a scalde head. ca. C. iiii.

Take a penyworth of lampe oyle and halfe a pynte of fayer water, and boyle it well together, and wha it is colde put therto an halfe penyworth of quicke syluer, & tēper it wel together, and anoint the hed.

For the yelowe Jaundes. ca. cb

Take a quantite of turmeryke and almuche of yuerye beaten to powder & almuche of ỹ inner barke of a berbery tree, and a quantyte of Englysche saffron in powder, and medle them al together, & dryuke it with thre or four dayes fastynge.

For the blacke Jaūdes, ca. C. bi

Take genciana, longe peper, calamus, aromatycus, auencis, lycores resyns of cōraunce, whyte sope of spayne, of euerych. iii. i. and. ii. sponeful of mustarde, boyle all these in a quarte of wyne til the. iii. parte be

wasted

walked and let the pacient drynke it

For wormes & hete in ỳ handes, Capitulo. C.bii.

Take Chyke wede and bruse it a lytell, & tha seth it in rommynge water tyll ỳ water be walked halfe away tha take & washe ỳ sore hádes therin, as hote as ỳ paciét may suffer it, & do thus. iii. or. iiii. dayes, and he thalbe hole.

For the gowte. Capi .c.biii.

Take reed myntis and trefoyls & vnset lekes, and let these herbes sethe well together & washe there as ỳ syckenes is euery day. ii. times a day, & yf he can not haue these herbes, let the sycke bodye be washed with hote water, and anoynte hym before the fyer or in the sonne with this oyntment, and rubbe hym wel therwith. Take bryzyn wax, turpentyne, saffron, the yolke of an egge, oyle olyfe, oyle of almandes, maye butter, oyle of nuttes, oyle do

ret

ret, the grece of a male hogge, oyle of camamell, and thepe suet, with good clarytyed holy, & let all these be medled together, & boyled fayer and ealely by the fyer.

For sore knees that dothe swell and ake.

Take rue, louage, and stampe thē together, and put therto hony and make therof a playster and lave it to ȳ sore knees and that shall fet awaye the swellynge and the ache.

For the fallynge euyl Ca. C.r.

Take the blode of his lytell fynger that is sycke, & wryte these.iii. verses folowynge, and hange them aboute his necke.

Jasper fert Mirram, thus Melchior, Balthazararum.
Her quicumque secum portat, tria nomina regum.
Solutur a morbo, domini pietate Cadico.

For brynnynge and scaldynge,

Capitulo.

Capitulo. C.xi.

Take freſſhe geſe donge, and frye it with freſſhe butter & ſhepes ſuet, and ſtrayne it thzoughe a cloth and laye it on the ſoze, and it wyll heale it anone.

Foz bzennynge wt fyer. Ca.C.xii.

Take the rynde of an elyne tree, and ſeth it halfe a day in fayer water, and let it kele, and gather of the thycke that thou fyndeſte vpon the water with a fether, and euerye daye anoynte with the fether euen and mozowe.

Foz to heale hurtes and woūdes. Capitulo. C.xiii.

Take malowes and ſethe them well, and whan they be well ſoden, take and ſtampe them, and than take olde bacowes greece, and clene barlye mele, and mynge the ioyce, the mele and the greece all togethet and make a ſalue therof, foz it is a redy heler.

Also to make a salue to drawe and to heale. capitulo.c.xiiii.

Take a quartron of a pounde of bygyne wax, and.ii. ounces of shepe suet, and melte them together a lytel and than take them from the fier and put therto an ounce of franken sence and stere it well together and do it in a box, and thys wyll bothe drawe and heale.

For styngynge of Edders and snakes. Capitulo.cxv.

Take dragons and drynke it, also stampe dragones, and lay it to the place there the stynginge is, & that shall sucke oute the venym and ease the smartynge.

For hym that can not slepe. Capitulo. C.xvi.

Take pery mozel and stampe it and wrynge out the iuyce, than take iiii. sponefull of the iuyce and. iiii. sponefull of womans mylke, and a sponefull of vyneger and hete it, & therewith

therwith anoynte hys temples and his forehead, & as it dryeth anoynte it agaiue, and than wete a clothe therin, and laye it vpon hys forhead and vse this often tymes and thys shall make him slepe.

For the palley. Capi. c. xvii.

Take the galle of an oxe, or of a bulle of one coloure, if it maye be gotten, and .iii. or .iiii. red onyons and roste them tyll they be tender, and than stampe them wel in a boule vysshe, and mynge the gal and thē together, and loke there be. iiii. tymes almuche of the gal as the onyons, and therwith anoynte well the place ꝑ is greued tyll it be droke in and than take a softe shete newe washē & warme it agayne ꝑ fyer, & wrappe the sycke body therin, & this must be vsed at nyght to bedwarde and within .ix. nyghtes it wyll amende and make the flesshe, growe thoughe it be much awaye, and it ꝑ

skynne

skynne be waxen thycke by vanyshynge away of ꝑ flesshe, take reed netle croppes and rubbe well the skyn, and the oyntmente wyl better drynke in, & this oyntmente is good for al maner aches, for euery body.

A good drynke for ꝑ poxe. Ca. C. xviii.

Take salendyne and Englysshe saffro, the weight of an halfepenye, and a farthynge worth of graynes, a quarter of longe peper, a peny weyght of mase, & stale ale, stampe your herbe, & powder youre saffron and medle them all together, and than drynke it.

A salue for the pox. Ca. C. xix

Take whyte lede. i. quarter, of verdegrece. ii. d. ob. malkyne. i. d. camfere. i. d. salen. ii. ounces, terioule. i. d. mercurye. ob. turpentyne, breake al these in a morter, & medle youre turpentyne with oyle olyue, and than wynge them all together and make therof a salue. &c.

H. i. For

For the goute, and swellynge of ioynter, & knobbes, that cōmeth of ache of the pox. Capitulo. C. xx.

Take may butter, & halfe a poūde of cōmyn, and a quarter of a poūde of blacke sope, and a hanfull of rue, and a lytell of thepe tuet, and stape all these in a morter, than take the gall of an oxe, & a sponefull of baye salte, and fry all these together in a feyeng pan tyl it be thycke, than lay it on a wolle clothe & lay it to ỹ ache as hote as it maye be suffered, durynge .iii. wekes, & euerye weke a newe playster, & it shall take awaye ỹ ache & ỹ swelling without doubte

For the crāmpe. Capi. C. xxi.

Bero berto bertora, these muste be said thre times, whā ỹ crāpe cōe vpon a man or a woman.

For the spottes of the morfewe. Capitulo. C. xxii.

Rosse .iiii. egges hard, & put them broke al hote into a pynt pot with a pynt

pint of byneger, & let it stande .iii. dayes & .iii. nyghtes, wel stopped, & than clense it throughe a lynnen clothe, and washe the spottes ther with tyll they be awaye.

To put awaye the totte of the morfewe. Capitulo. C. xxiii.

Take Fumytary .viii. handfull, borage, scabyous, or eche .iiii. hãfull & bray thẽ togither in a smal morter & put therto a pottell of clene whay than strayne them together, & set it ouer an easy fyer tyll it haue a hart of scũme, thã set it downe & strayne it clene, & set it ouer ỹ fyer againe & put therto claryfyed honye, & boyle them together clene, that is to saye boyle them easely as longe as any scũme will aryse, or elles ye may claryfye it with egges, who so claryfyeth whay, and take therof .viii. sponfull or a good draughte or two as ye thynke best, or a good quantyte, for it shall do muche good.

For a chylde that is lowe fall or
molde fall, or rote fall. Ca. C. xxiiii.

Take a handful of chycke wede,
and lap in a red cole lefe, or elles in
a lynen clothe, & rolle it in hote em-
bers in the fyer, & it wyll be a grene
salue, and than laye the sayd salue to
the bone in the necke, as hote as it
may be suffered. Also take loure le-
ues of whyte brede, and crom it on
the molde of the chyldes heed as a
playster, & it shall reyse vp the bone
or molde by the grace of god, with
in. ix. houres.

For the moder. Capitu. C. xxv.

Take moder wozte, called the
mother of all herbes, that is to saye
shortely mugwozte, herbe simonde,
sauery, and red mynte, and drynke
this ioyce with reed wyne.

For all feure agues, and for yong
children sucking ỹ brest. Ca. C. xxvi

29x Take pouder of Christall, and
laye it to soke in wyne, and gyue it

to

to drynke to the norse of the chylde and the luckynge childe chalbe hole Also take ꝑ rote of mursus diaboli X with the herbe, and hange it about the necke of the chylde.

For to destroye poyson. Ca.c.xxbiii.

Take a quantite of dragans, and a quantite of betayne, and a quantyte of plantayne and make therof wortes, and vse them.iii. dayes and this shall destroy poyson and venim but the most parte must be dragans

For the ague. . Capi.C.xxbiii.

Take endyue, sowthystyl, dauindelyon, letuse, sorell, of euerysche a x lykemuche, and stylle these all togethyr and the water wyl be passynge good for the ague.

For the hote ague infected with pestilence take betimes. ca. C.xxix.

Take the ioyce of fingrene, and the whyte of foure egges, and faier * flower of whete, and medle it well to togethyr, and make therof a fayer

playster, & laye it to the pacyentes
lydes, & than take the water of be-
tayne, & the water of pempernell, &
the water of scabious and the wa-
ter of turmentyl, & water of radeis
of euerych a lyke much medled to
gether, & geue ỹ pacyente to drynke
For the gowte. Capitu. C.xxx.

Take tansey & wormewoode of
eche a lyke much, temperatly ynou-
ghe of wepes suet accordynge to
youre herbes and fry thē in a panne
ouer the fyer tyll it be grene, but be
ware it be not brente, & wha ye wyl
occupy it caste a sponefull of lyne-
sed therin & if it be the colde gowte
lay it to hote, & if it be ỹ hote gowte
laye it to colde wynter and somer.

To drawe out ache. Ca.xxxi.

Take Cantarydes, and take of
their heades and stāpe thē. iiii. or. v
houres in good vinegar, & than lay
them vpon a playester of dyaculum
and aboue vpon them a fyne lynnen
clothe

clothe or elles fiue double of lawne nette the skynne, & sow in your cantarydes in maner of a quylte, & lay it to the ache, and it wyl make it to blyster, than pryche it oute with a nedel, and than take this medecyne folowynge, and it wyll drye it.

To dry the same. Cap. C. xrii

Take grounde yuye a quantite and stampe it in a morter, than take thepes suet, and put them both in a panne & fry the well together tyl it be grene, & than ye shal strayne it, & make of it a cake, & whan it is colde make ther of a playster broder than your cantarydes was, within iii. daies after all shalbe paste and dry.

For the swellynge in a mannes kne or legge p aseth. Ca. C. xrriii.

Take a blewe or a blanket wollen clothe as muche as wyl lappe a boute the kne or leg & than take the white of two or thre hence egges, & bete them wel in a dysshe & spreade it

it vpon the clothe so done, than take yolkes and bete them in a dysshe & put therto blacke sope as muche or more, and bete them wel together, and whan they be well beten together make thereof a fayer salue and spreade it thycke vpon the clothe on the whyte of the egges mesely thycke and lap it aboute the sore kne or legge and rolle it and let it lye thre dayes & it wyl fetche away ỹ swellynge & the ache.

FINIS.

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